

### **MONTECATINI AND THE HAMLETS OF VALDINIEVOLE** ROADBOOK

0,000 🕏	Starting point: <b>Piazza Italia</b> , In front of the railway station: proceed towards the centre of <b>Montecatini</b> along <b>Corso Matteotti</b> . Pass a <b>traffic light</b>
0,850	Once arrived near <b>San Martino</b> , turn <b>right</b> and follow the road bending to the <b>left</b> , and then turn right taking <b>Viale Verdi</b> . In front of the <b>Thermal Baths</b> follow the road bending to the left, and then turn <b>right</b> taking <b>viale Fedeli</b>
1,950	At the traffic light, turn left towards "Pescia", and continue along the tree- lined avenue that leads out of Montecatini
3,550	At the yield sign, continue <b>straight ahead</b> taking the <b>Strada Regionale Lucchese</b> . Cross the <b>bridge</b> , and continue along the road; pass a <b>traffic light</b> and a <b>roundabout</b> , and continue <b>straight ahead</b>
6,100	At the <b>roundabout</b> , take the <b>first exit</b> to remain along the same road
6,200	Petrol Station at km 6.200
6,300	Turn right towards "Borgo a Baggiano", and continue along Corso Indipendenza, the road that runs across the town
6,750	Turn <b>right</b> towards <b>Piazza Coluccio Salutati</b> ; turn around the square, in the only possible direction: first <b>right</b> , and then <b>left</b> , and continue <b>straight ahead</b> to get out of the square
6,850	At the STOP sign turn left, and follow the road through the railway underpass
7,000	Just after the <b>underpass</b> , turn <b>right</b> along the <b>Strada Provinciale Colligiana SP29</b> , which leads to the top of the hills
	Arrival at <b>Buggiano Castello</b> . Park along the road in the available parking areas: the town is a limited traffic area.  To continue the itinerary, go along the uphill road, lined with century-old olive trees. At about <b>km 9.500</b> , you can park along the road and visit the hamlet of <b>Colle di Buggiano</b>

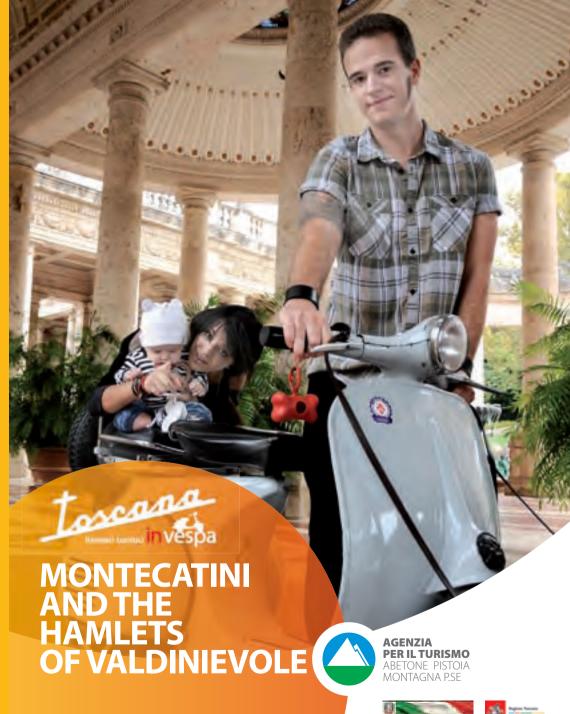
11,200 🖸	Turn <b>left</b> , in a very sharp bend, along the <b>SP31</b> road towards <b>Cozzile</b> . Continue <b>straight ahead</b> for about 400 m to arrive in <b>Massa</b> ; park along the road: the town is a limited traffic area
13,650 •	Go along the residential area of <b>Cozzile</b> ; at the end of the town there is the possibility to park along the road: the hamlet is a limited traffic area. To continue the itinerary, proceed along the road that runs through a broadleaf trees mixed forest
19,100	At the <b>STOP</b> sign, turn <b>right</b>
20,350	At the yield sign, turn <b>right</b> towards <b>"Marliana"</b> taking the <b>SP633</b> road, which runs downhill with bends very close to each other
31,850	Turn <b>left</b> towards <b>"Montecatini Alto"</b> , and go along the road lined with a long brick wall. At <b>km 32.200</b> keep to the <b>left</b> and continue uphill
	Once arrived in the hamlet of <b>Montecatini Alto</b> , park at the entrance of the town: limited traffic area.  On the left, there is a <b>panoramic view</b> of <b>Montecatini</b> and <b>Valdinievole</b> . To continue, go back over the same road
35,300 •	At the yield sign, keep to the left and continue <b>straight ahead</b> At <b>km 37.700</b> , follow the road bending to the right. At <b>km 36.300 Grotta Maona</b>
38,150	Turn left towards "Pistoia". Pass a traffic light
38,850	Turn left
39,700	At the roundabout, take the second exit, via Sardegna
40,000 🗪	Once reached the <b>roundabout</b> of <b>Piazza Italia</b> , you have reached the arriving point of the itinerary



**INFO POINT** Abetone + 39 0573 60231 Cutigliano + 39 0573 68029 Pistoia + 39 0573 21622 info@pistoia.turismo.toscana.it

Entroterra Viaggi&Turismo **PHOTOS** APT - K. Fox - Italia Turistica M. Melodia TRANSLATION
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MAPS AND TEXT

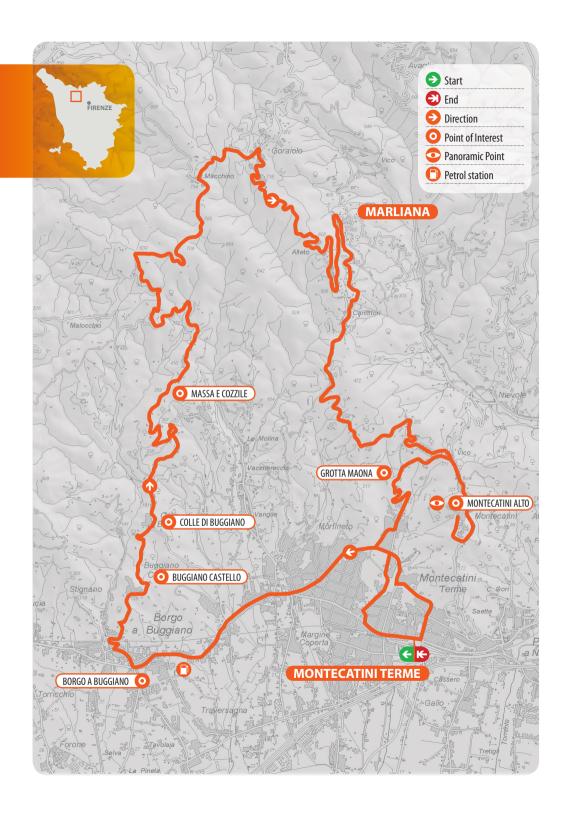








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# MONTECATINI AND THE HAMLETS OF VALDINIEVOLE

The itinerary starts from Montecatini Terme to continue through the hills that surround it, rich in hamlets, churches, parish churches, and buildings. They are the evidence of the medieval peasant past that characterised the Valdinievole. The itinerary develops in an uncontaminated scenario of forests, and the fortified hamlets of Buggiano Castello, Colle, Massa, and Cozzile are located along it. They are characterised by their ancient battlemented fortifications and the houses closed round the town.

TOTAL LENGTH OF THE ITINERARY: 40 km

LEVEL OF DIFFICULTY: average-easy, slightly challenging only on the hills and bends

TYPE OF STREET SURFACE: asphalted, and generally in good conditions

TRAVELLING TIME: 1 hour and 15 minutes of itinerary, excluding stops

MINIMUM ALTITUDE RANGE: 22 m above sea level

MAXIMUM ALTITUDE RANGE: **755 m above sea level** 

#### **MONTECATINI ALTO**

Montecatini Alto was a castle of Roman origin located on a hill, the only one existing in Montecatini. Originally, the thermal baths were only at the foot of the castle. They have been known for their curative properties since ancient times, probably already by the Etruscans, but the area was unhealthy because of stagnant waters, even if during the 1500s measures were taken to contain waters in thermal baths. It was Leopoldo, the Grand Duke of Tuscany, who ordered the construction of the draining channels, thus contributing to the creation of a second hamlet, the "Bagni di Montecatini" (Montecatini Baths), whose importance increased in time, until it became the main hamlet. Only the Town's main gate remained of the six access doors of Montecatini Alto, while the various existing towers have been incorporated by other buildings, from the bell tower of the parish church, to the remains of the citadel; only the clock tower, and the one in front of S. Maria convent, remained as they were.

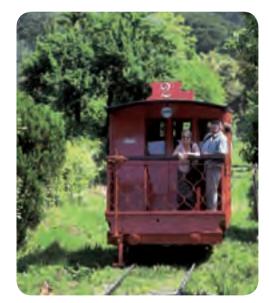
#### **BORGHI MEDIEVALI**

Buggiano is the first of the ancient hills hamlets that can be found along the itinerary, and together with the ancient Parish Church of San Niccolao and the Palazzo del Podestà (Podestà Building), it is the evidence of a past intense town activity; then comes Colle that once hosted the headquarters of the Knights Templars,

who assisted the pilgrims that were going to Rome through the below Via Francigena, and where we also find the Pieve (Parish Church) of S.Lorenzo, with its fourteenth century frescoes, and wooden Crucifix of the XIV century. Massa and Cozzile are clearly of medieval origin, as evidenced by the remains of the walls, the town gates, and the city morphology; very interesting are the Palagio del Podestà (Podestà Building) and the religious complex with the Parish church in Massa, and the Palazzo de Gubernatis (de Gubernatis Building) in Cozzile.

#### **MAONA GROTTO**

The Maona Grotto centuries-old natural grotto, the only one in Italy with the presence of two pits: you go down, by the entrance pit, inside the 20 m depth cavern, and passing through various galleries, where nature and water have created fantastic drawings made of stalactites and stalagmites, you return to the surface from the second pit. Open from April to the middle of October with guided tours.





## TOURISTS INFORMATION OFFICE OF MONTECATINI TERME

Viale Verdi,66/68

Tel. +39 0572 772244

Opening hours:

9:00 a.m. – 1:00 p.m. / 3:00 p.m. – 6:00 p.m.

, every day, all year round (closed on 25.12. and 01.01.)

#### **ALONG THE ITINERARY**

If you pass from Montecatini, you must taste the "Cialda di Montecatini" (Montecatini's Waffle), a gastronomic speciality of this city: it is crumbly, and very similar to wafers with chopped almonds and sugar filling; it is excellent combined with ice creams, tea, hot chocolate, and vinsanto (sweet white Italian dessert wine)...

